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FOR IMMEDIATE RELEASE

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Princeton Mercer Region Young Professionals Give Back Day

Lawrenceville, NJ – October 18, 2019 –The **Princeton Mercer Region Young Professionals (PRYP)** instituted the #YPGivesBack program series last year, with each event maxing out its volunteer capacity. The second event of the 2019 series took place last week in partnership with **Jewish Family and Children Services of Mercer County [JFCS]** and over 30 PRYPs.

On October 10th, 30 volunteers from the Princeton Mercer Regional Chamber YP group volunteered for JFCS’s Shop & Stock volunteer activity, where they met at Lawrenceville ShopRite, were divided into groups and given a shopping list of items needed to help stock JFCS’s pantry. The group then returned to the pantry and filled their shelves with the purchased goods.

“We thank the members of the Princeton Mercer Young Professionals who came out to help shop for our JFCS Food Pantry. The more helping hands we have, the more people we can serve,” said Eden Aaronson, Director of Volunteers and Community Programming, JFCS.

PRYP draws its strength from being a program of the **Princeton Mercer Regional Chamber** and its mission to provide and promote an environment in which young professionals are able to connect and build relationships focusing on their professional development. The PRYP recognize that community service is a pillar of the millennial generation and have implemented this program to assist the region’s young professionals in finding volunteer opportunities.

“#YPGivesBack not only helps you meet other young professionals, but helps educate you on an organization you might not necessarily know about, while offering assistance they need. Food shopping for JFCS’s pantry, seeing the amount of effort that goes into feeding a family for a week with a strict budget, keeping dietary boundaries in mind and then stocking the pantry itself – was so encouraging and eye opening to be a part of,” said Alison Gorga, PRYP Committee Vice Chair from WithumSmith+Brown.

Photos of the experience can be found [here](#). For more information about the Young Professionals Program visit www.PrincetonChamber.org/YP or contact Gina Guarino, Director of Marketing and Events at (609) 924-1776, ext. 108 or email gina@princetonmercer.org.

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The Princeton Mercer Regional Chamber– The Princeton Mercer Regional Chamber is a membership organization committed to promoting business growth within the Mercer County region and surrounding areas. With more than 10,000 individual contacts and more than 1,600 member companies, the Chamber membership is primarily focused in five central New Jersey counties and stretches as far as New York, Philadelphia and Canada. More information about the Chamber can be found at www.princetonmercerchamber.org

Princeton Mercer Regional Young Professionals (PRYP) – The PRYP are a diverse group of ambitious professionals from all industries aiming to find inspiration, gain knowledge, build relationships and impact the community. Throughout the year, PRYP holds 6 events per year designed around their mission, culminating with the Young Professionals Summit in the fall. More information about the Young Professionals can be found at www.PrincetonChamber.org/YP.